(ni-seh)

NISCE SKIN™ USA

MEN'S REGIMEN

Your daily routine to cleanse, hydrate and refresh skin.

AM: Steps 1–4 | **PM: Steps 1–2, 4**

1



BLACK DIAMOND SOAP (FOR MEN)

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- Cleanse entire face and neck.
- Close eyes and lips when applying.



2



MEN'S TONER

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Using a cotton ball, apply to the entire face and neck.

- Forehead
- Nose
- Cheeks – upward and outward strokes towards ears
- Around lips
- Chin
- Neck – upward strokes towards chin and jaw



3



ANTI-PERSPIRANT DEODORANT

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- Apply to clean, dry underarms.
- Allow to dry before dressing.



4



MOISTURIZING CREAM

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- Apply to entire face and neck using NISCE TIP 2 instructions.



✓ OPTIONAL (BUT RECOMMENDED)



VITAMIN E w/ SPF 30

MORNING ONLY | **SPF 30**

- Apply to entire face and neck using NISCE TIP 2 instructions.



NISCE TIP 1:

Do not apply directly to eyelid, immediately around eyes and lips.



NISCE TIP 2:

For any cream in a jar (such as Moisturizing Cream or Vitamin E w/ SPF 30), follow the steps below.

FOR CREAM APPLICATION (STEP 4 & SPF)

1. Portion 1 pea-size amount of cream and divide to:
   - 2 dots on forehead
   - 1 dot on nose
   - 1 dot on chin



2. Portion another 1 pea-size amount and divide to:
   - 2 dots on left cheek
   - 2 dots on right cheek



3. Blend cream in their respective areas.
4. Add more cream if any areas do not have coverage.

WE'RE HERE FOR YOU!

If you have any questions, please reach out to Dr. Jacky Ganzon:

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If interested, please send us before and after progress images!

Use daily for best results. Always patch test new products. If irritation occurs, discontinue use.